

Substitute for House Resolution No. 223.

A resolution to declare September 2013 as Recovery Month in the state of Michigan.

Whereas, Mental health is an essential part of one's overall wellness; and

Whereas, Prevention and treatment of mental and substance use disorders are effective;

and

Whereas, Preventing and overcoming mental and/or substance use disorders is essential to achieving healthy lifestyles, both physically and emotionally; and

Whereas, It is important that those suffering from mental and substance use disorders are able to recognize the signs and access appropriate treatment and recovery support services; and

Whereas, In 2011 in the U.S., 2.3 million people aged 12 or older received specialty treatment for a substance use disorder and 31.6 million adults aged 18 or older received mental health services, according to the *2011 National Survey on Drug Use and Health*. Given the serious nature of this public health problem, we must continue to reach the millions more who need help; and

Whereas, On October 1, 2013, as a result of the Affordable Care Act, more than 11 million uninsured individuals in the U.S. with behavioral health needs will become eligible for affordable insurance coverage for their treatment needs, according to the *2011 National Survey of Drug Use and Health*. It is important that these individuals have access to the care they need.

Whereas, To help more people achieve and sustain long-term recovery, the U.S. Department of Health and Human Services (HHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), the White House Office of National Drug Control Policy (ONDCP), Recovery Network Inc., and the State of Michigan invite all residents of Michigan to participate in National Recovery Month; now, therefore, be it

Resolved by the House of Representatives, That the members of this legislative body declare September 2013 as Recovery Month in the state of Michigan. We urge Michigan's citizens to observe this month with appropriate programs, activities, and ceremonies to support this year's Recovery Month.