

**Substitute for House Resolution No. 224.**

A resolution to declare February 21–27, 2016, as National Eating Disorders Awareness Week in the state of Michigan.

Whereas, Eating disorders are serious conditions that are potentially life-threatening and have a great impact on both a person's physical and emotional health; and

Whereas, The National Eating Disorders Association works to give support to those dealing with eating disorders and to provide awareness to all citizens to prevent more instances of eating disorders from occurring; and

Whereas, Approximately 30 million Americans will suffer from a serious eating disorder at some point in their life. This includes 20 million women and 10 million men and comprises anorexia nervosa, bulimia nervosa, binge eating disorder, or eating disorder not otherwise specified; and

Whereas, Many more cases go unreported because individuals do not recognize signs and symptoms due to the lack of awareness; and

Whereas, Studies show that over half of teenage girls and nearly one-third of teenage boys use unhealthy weight control measures; and

Whereas, Eating disorders can affect anyone. For example, high-performing, dedicated students may struggle with disordered eating and poor body image, impairing otherwise excellent performance; and

Whereas, The House of Representatives commends the National Eating Disorders Association for bringing awareness about eating disorders to all citizens and the health and mental health care providers who treat individuals battling these disorders; now, therefore, be it

Resolved by the House of Representatives, That the members of this legislative body declare February 21–27, 2016, as National Eating Disorders Awareness Week in the state of Michigan. We honor the National Eating Disorders Association.