

## **SR125, As Adopted by Senate, February 1, 2018**

Senators Schuitmaker, O'Brien, Warren, Emmons, Ananich, Bieda, Booher, Casperson, Colbeck, Conyers, Green, Gregory, Hansen, Hertel, Hildenbrand, Hopgood, Horn, Jones, Knezek, Knollenberg, Kowall, MacGregor, Marleau, Pavlov, Rocca, Schmidt, Shirkey, Stamas, Zorn, Brandenburg, Hood, Nofs and Proos offered the following resolution:

### **Senate Resolution No. 125.**

A resolution proclaiming February 2018, American Heart Month and February 2, 2018, as "Go Red for Women Day".

Whereas, Cardiovascular diseases are the number one killer of women in the U.S.; and

Whereas, About 80 percent of cardiovascular diseases may be prevented; and

Whereas, Some risk factors such as blood pressure, smoking, cholesterol, and lack of regular physical activity can be controlled; and

Whereas, The American Heart Association's Go Red for Women<sup>®</sup> movement motivates women to learn about their family history and to meet with a healthcare provider to determine their risk for cardiovascular diseases and stroke; and

Whereas, "Go Red for Women" encourages women to take control of their heart health by knowing five numbers that can be life changing; and

1. Total Cholesterol
2. HDL (good) Cholesterol
3. Blood Pressure
4. Blood Sugar
5. Body Mass Index (BMI); and

Whereas, The American Heart Association is celebrating February 2018, as American Heart Month and promoting education and awareness by encouraging citizens to learn the warning signs of a heart attack and stroke; now, therefore, be it

Resolved by the Senate, That we hereby proclaim February 2018, American Heart Month and February 2, 2018, as "Go Red for Women Day"; and be it further

Resolved, That we recognize the importance of the ongoing fight against heart disease and stroke and we urge all citizens to show their support for women and the fight against heart disease by commemorating this day by wearing the color red; and be it further

Resolved, That by increasing awareness, speaking out about heart disease, and empowering women to reduce their risk for cardiovascular disease and stroke, we can save thousands of lives each year.