

Rep. Hughes offered the following resolution:

House Resolution No. 17.

A resolution to declare February 2017 as Heart Month and February 3, 2017, as Go Red for Women Day in the state of Michigan.

Whereas, Heart disease is the number one killer of women, but eighty percent of cardiac events can be prevented; and

Whereas, Cardiovascular diseases cause one in three women's deaths each year, killing approximately one woman every minute; and

Whereas, An estimated 44 million women in the United States are affected by cardiovascular diseases; and

Whereas, Ninety percent of women have one or more risk factors for developing heart disease, yet only one in five American women believe that heart disease is her greatest health threat. Since 1984, more women than men have died from heart disease, yet women comprise only 24 percent of participants in all heart-related studies; and

Whereas, Women are less likely to call 911 for themselves when experiencing symptoms of a heart attack than they are if someone else were having a heart attack; and

Whereas, Only 43 percent of African American women and 44 percent of Hispanic women know that heart disease is their greatest health risk, compared with 60 percent of Caucasian women.

Whereas, Women involved in the American Heart Association's Go Red For Women movement live healthier lives, with nearly ninety percent having made at least one healthy behavioral change; and

Whereas, Go Red for Women is asking all Americans to "Go Red" by wearing red and speaking red: Get Your Numbers – ask your doctor to check your blood pressure and cholesterol; Own Your Lifestyle – stop smoking, lose weight, exercise and eat healthy; Raise Your Voice – advocate for more women related research and education; Educate Your Family –make healthy food choices for you and your family, and teach your kids the importance of staying active; Don't Be Silent – tell every woman you know that heart disease is their No. 1 killer; and Raise Your Voice at GoRedForWomen.Org; now, therefore, be it

Resolved by the House of Representatives, That the members of this legislative body declare February 2017 as Heart Month and February 3, 2017, as Go Red for Women Day in the state of Michigan; and be it further

Resolved, That we urge all citizens to show their support for women and the fight against heart disease by commemorating this day by the wearing of the color red, increasing awareness, speaking up about heart disease, and empowering women to reduce their risk for cardiovascular disease. By doing so, we can save thousands of lives each year.