

# HOUSE RESOLUTION NO. 144

Reps. Garrett, Byrd, Neeley, Yancey, Gay-Dagnogo, Witwer, Wittenberg, Anthony, Hoadley, Bolden, Pohutsky, Rabhi, LaGrand, Calley, Pagan, Ellison, Sowerby, Brixie, Kennedy, Brenda Carter, Stone, Hood, Robinson, Tyrone Carter, Manoogian, Cambensy, Allor, Garza, Liberati, Love, Sneller, and Warren offered the following resolution:

1           A resolution to declare September 1-September 7, 2019, as  
2 Infant Safe Sleep Awareness Week in the state of Michigan.

3           Whereas, Infant Safe Sleep Awareness Week calls attention to  
4 the fact that with proper safe sleep steps, preventable infant  
5 deaths can be avoided; and

6           Whereas, Sudden Unexpected Infant Death, or SUID, is the  
7 leading cause of death in infants between one month and one year of



1 age; and

2       Whereas, According to Centers for Disease Control and  
3 Prevention, 3,500 babies in the United States are lost to sleep-  
4 related deaths each year; and

5       Whereas, In 2015, 159 infants in the state of Michigan died  
6 due to sudden unexpected infant deaths. This means that a baby dies  
7 nearly every other day in Michigan in an unsafe sleeping  
8 environment. Evidence suggests that these deaths are overwhelmingly  
9 preventable. The risk factors for sudden unexpected infant death  
10 can be mitigated by reducing the baby's exposure to smoke and  
11 unsafe sleep practices; and

12       Whereas, Many parents practice unsafe sleeping habits with  
13 their infant because they are unaware of the dangers of SUID.  
14 Babies are needlessly dying because of unsafe sleeping  
15 environments, such as couches and adult beds, or sleep areas with  
16 other children, adults, pets, pillows, blankets, stuffed animals,  
17 or other toys; and

18       Whereas, There are seven simple steps one should take to  
19 ensure babies sleep in a safe environment. These steps are: the  
20 baby always sleeps alone in a crib; the baby sleeps on his or her  
21 back; there is nothing in the baby's sleep area; the baby's face is  
22 uncovered; there is no smoking around the baby; the baby is not  
23 overheated or overdressed; the baby must sleep on a firm mattress  
24 with a tight-fitting sheet; and

25       Whereas, Our state is fortunate to have many public and  
26 private partners working together to protect children and ensure  
27 infants are safe. The American Academy of Pediatrics and the  
28 Michigan Department of Health and Human Services recommend placing  
29 infants in a safe sleeping environment to help significantly reduce

1 sudden unexpected death; and

2       Whereas, Parents should gain a broader understanding of safe  
3 sleep practices and the risk factors associated with SUID and share  
4 that information with others. A broader understanding of safe sleep  
5 practices by parents in the state of Michigan will help prevent  
6 nearly 150 infant deaths in Michigan per year; now, therefore, be  
7 it

8       Resolved by the House of Representatives, That the members of  
9 this legislative body declare September 1-7, 2019, as Infant Safe  
10 Sleep Awareness Week in the state of Michigan. We aim to promote  
11 awareness of sudden unexpected infant death and safe sleep  
12 practices.