

HOUSE RESOLUTION NO.103

Reps. Coleman, Paiz, Shannon, McFall, Brabec, Coffia, Neeley, Dievendorf, Brenda Carter, Farhat, Rogers, Andrews, Brixie, Wegela, Stone, Kunse, Puri, Grant, Edwards, Hill, Glanville, Liberati, Steckloff, Snyder, Rheingans, Byrnes, Arbit, Aiyash, Bezotte, Breen, Tyrone Carter, Churches, Fitzgerald, Haadsma, Hope, Morse, Price and Thompson offered the following resolution:

1 A resolution to declare May 2023 as Mental Health Awareness
2 Month in the state of Michigan.

3 Whereas, The month of May is observed every year as Mental
4 Health Awareness Month across the United States to educate
5 communities about mental illnesses and reduce the stigma that
6 surrounds them; and

7 Whereas, Mental health is essential to everyone's overall

1 health and well-being; and

2 Whereas, All Americans face challenges in life that can impact
3 their mental health; and

4 Whereas, The National Alliance on Mental Illness reports that
5 over 1.3 million Michiganders have a mental health condition; and

6 Whereas, Prevention is an effective way to reduce the burden
7 of mental health conditions; and

8 Whereas, There are practical tools that all people can use to
9 improve their mental health and increase resiliency; and

10 Whereas, With effective treatment, those individuals with
11 mental health conditions can recover and lead full, productive
12 lives; and

13 Whereas, By ignoring the illnesses of our fellow citizens, it
14 will only further stigmatize those who suffer from a mental,
15 behavioral, or emotional disorder; and

16 Whereas, Each business, school, government agency, health care
17 provider, organization, and citizen share the burden of mental
18 health problems and has a responsibility to promote mental wellness
19 and support prevention and treatment efforts; now, therefore, be it

20 Resolved by the House of Representatives, That the members of
21 this legislative body declare May 2023 as Mental Health Awareness
22 Month in the state of Michigan; and be it further

23 Resolved, That we call upon all citizens, government agencies,
24 public and private institutions, businesses, and schools to commit
25 to increasing the awareness and understanding of mental health, the
26 steps we can take to protect mental health, and the need for
27 appropriate and accessible services for all people with mental
28 health conditions.