HOUSE RESOLUTION NO.125

Reps. Brenda Carter, Alexander, BeGole, Brabec, Breen, Tyrone Carter, Churches, Fitzgerald, Haadsma, Hope, Koleszar, Morse, Paiz, Pohutsky, Price, Rheingans, Rogers, Stone, Weiss and Young offered the following resolution:

- 1 A resolution to declare June 27, 2023, as Post-Traumatic
- 2 Stress Disorder Awareness Day in the state of Michigan.
- 3 Whereas, On this day, we join with the family members,
- 4 friends, and colleagues of veterans and other individuals who
- 5 suffer from PTSD to recognize the impact it has on our communities;
- 6 and
- 7 Whereas, The American Psychiatric Association defines PTSD as
- 8 a psychiatric disorder that may occur in people who have
- 9 experienced or witnessed a traumatic event, series of events or set
- 10 of circumstances; and

Whereas, In 2020, it is estimated that thirteen million 1 Americans had PTSD. On average, five out of every one hundred 2 adults in the United States have PTSD in any given year; and 3 Whereas, Seven out of every one hundred veterans will have had 4 PTSD at some point in their lives. Additionally, in 2020, 6,146 5 6 veterans took their lives in the United States. In Michigan, 178 7 veterans lost their lives to suicide, in part due to mental health challenges related to PTSD; and 8 9 Whereas, It is appropriate to recognize the integrity of 10 Michigan's armed forces and their dedication to the defense of our 11 nation and state. We must honor the memory of the courageous and dedicated Michigan veterans who have experienced trauma in the 12 field, suffered from post-traumatic stress, and have taken their 13 14 own lives; and 15 Whereas, We renew our effort to support our veterans, seek better mental healthcare, and strive to end the stigma surrounding 16 mental health and trauma. We must rededicate ourselves to improving 17 18 veterans' resources as well as resources for all those struggling with their mental health; now, therefore, be it 19 20 Resolved by the House of Representatives, That the members of this legislative body declare June 27, 2023, as Post-Traumatic 21 Stress Disorder Awareness Day in the state of Michigan. We urge all 22

citizens to recognize and honor the contributions of Michigan's

veterans and call for increased mental healthcare resources.

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