SENATE RESOLUTION NO.73

Senators Bayer, Cherry, Geiss, McMorrow, Moss, Polehanki and Wojno offered the following resolution:

- 1 A resolution to designate September 2023 as Suicide Prevention 2 Month.
- 3 Whereas, There is no single cause or solution to suicide, but
- 4 we know that access to support and treatment saves lives; and
- 5 Whereas, Mental health can be a common factor for those
- 6 contemplating suicide, and other contributing factors play a large
- 7 role; and
- 8 Whereas, According to the Centers for Disease Control and
- 9 Prevention, suicide is the tenth leading cause of death in the
- 10 United States as well as the second leading cause of death among
- 11 individuals between the ages of 10 and 34 years; and

Whereas, In the United States, an individual dies by suicide 1 every 11 minutes, resulting in nearly 48,000 deaths each year; and 2 Whereas, Over 12 million adults reported seriously considering 3 suicide and 1.7 million people have attempted suicide; and 4 5 Whereas, The stigma associated with mental health conditions 6 and suicidality hinders suicide prevention by discouraging at-risk 7 individuals from seeking lifesaving help and can further traumatize survivors of suicide loss and individuals with lived experience of 8 9 suicide; and 10 Whereas, Despite mental health playing a factor in suicide 11 prevention, many Americans continue to struggle to find treatment as a result of expense or inaccessibility; and 12 Whereas, We recognize that suicide and suicide attempts affect 13 14 the friends and loved ones of those around us; and 15 Whereas, Those experiencing suicidal thoughts or mental distress can call or text 988 to speak with someone free and 16 confidentially; and 17 Whereas, We must continue to invest in mental health resources 18 and address the stigma of ideation of suicide to ensure no one 19 20 feels that they do not have someone to speak to when they need it;

Resolved by the Senate, That the members of this legislative body designate September 2023 as Suicide Prevention Month.

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now, therefore, be it