

HOUSE RESOLUTION NO.103

Reps. Coleman, Paiz, Shannon, McFall, Brabec, Coffia, Neeley, Dievendorf, Brenda Carter, Farhat, Rogers, Andrews, Brixie, Wegela, Stone, Kunse, Puri, Grant, Edwards, Hill, Glanville, Liberati, Steckloff, Snyder, Rheingans, Byrnes and Arbit offered the following resolution:

1 A resolution to declare May 2023 as Mental Health Awareness
2 Month in the state of Michigan.

3 Whereas, The month of May is observed every year as Mental
4 Health Awareness Month across the United States to educate
5 communities about mental illnesses and reduce the stigma that
6 surrounds them; and

7 Whereas, Mental health is essential to everyone's overall
8 health and well-being; and

1 Whereas, All Americans face challenges in life that can impact
2 their mental health; and

3 Whereas, The National Alliance on Mental Illness reports that
4 over 1.3 million Michiganders have a mental health condition; and

5 Whereas, Prevention is an effective way to reduce the burden
6 of mental health conditions; and

7 Whereas, There are practical tools that all people can use to
8 improve their mental health and increase resiliency; and

9 Whereas, With effective treatment, those individuals with
10 mental health conditions can recover and lead full, productive
11 lives; and

12 Whereas, By ignoring the illnesses of our fellow citizens, it
13 will only further stigmatize those who suffer from a mental,
14 behavioral, or emotional disorder; and

15 Whereas, Each business, school, government agency, health care
16 provider, organization, and citizen share the burden of mental
17 health problems and has a responsibility to promote mental wellness
18 and support prevention and treatment efforts; now, therefore, be it

19 Resolved by the House of Representatives, That the members of
20 this legislative body declare May 2023 as Mental Health Awareness
21 Month in the state of Michigan; and be it further

22 Resolved, That we call upon all citizens, government agencies,
23 public and private institutions, businesses, and schools to commit
24 to increasing the awareness and understanding of mental health, the
25 steps we can take to protect mental health, and the need for
26 appropriate and accessible services for all people with mental
27 health conditions.