

HOUSE RESOLUTION NO. 18

Reps. Rogers, Mentzer, Frisbie, Schmaltz, Meerman, Alexander, Wozniak, Roth, Kunse, Bierlein, Steckloff, Hope, Neeley, Fitzgerald, Young, MacDonell, Martus, Skaggs, McKinney, Grant, B. Carter, Price, Myers-Phillips, Glanville, Liberati, Herzberg, Miller, Byrnes, Fox, VanderWall, Lightner, O'Neal, Tate, Farhat, Witwer, Foreman, Bollin, St. Germaine, Mueller and Snyder offered the following resolution:

1 A resolution to declare February 2025 as American Heart Month
2 and February 5, 2025, as National Wear Red Day in the state of
3 Michigan.

4 Whereas, Cardiovascular disease affects men, women, and
5 children of every age and race in the United States; and

6 Whereas, Cardiovascular disease is the leading cause of death
7 in women, claiming more lives than all forms of cancer combined.
8 Yet only 44 percent of women recognize that cardiovascular disease

1 is their greatest health threat; and

2 Whereas, Among females 20 years and older, nearly 45 percent
3 are living with some form of cardiovascular disease and less than
4 half of women entering pregnancy in the United States have optimal
5 cardiovascular health; and

6 Whereas, Cardiovascular disease is the leading cause of
7 maternal death in the U.S. Simply put, heart disease is the No. 1
8 killer of new moms; and

9 Whereas, Women, especially Black and Hispanic women, are
10 disproportionately impacted by heart disease and stroke, and
11 research shows heart attacks are on the rise in younger women. Yet,
12 younger generations of women, also known as Gen Z and millennials,
13 are less aware of their greatest health threat, including knowing
14 the warning signs of heart attacks and strokes; and

15 Whereas, Overall, 10 to 20 percent of women will have a health
16 issue during pregnancy. High blood pressure, preeclampsia, and
17 gestational diabetes during pregnancy greatly increase a women's
18 risk for developing cardiovascular disease later in life; and

19 Whereas, In 2020, stroke caused the deaths of 90,627 females,
20 approximately 56.5 percent of total stroke deaths; and

21 Whereas, Between 2025 and 2050, a 90.0 percent increase in
22 cardiovascular prevalence, 73.4 percent increase in crude
23 mortality, and 54.7 percent increase in crude DALYs (disability-
24 adjusted life years) are projected, with an expected 35.6 million
25 cardiovascular deaths in 2050; and

26 Whereas, By 2035, cardiovascular disease will account for over
27 \$1 trillion in health care expenditures and lost productivity
28 annually; and

29 Whereas, Most cardiac and stroke events can be prevented

1 through education and lifestyle changes, such as moving more,
2 eating smart, and managing blood pressure; and

3 Whereas, Ninety percent of women have one or more risk factors
4 for developing heart disease or stroke; and

5 Whereas, Women are less likely to call 911 for themselves when
6 experiencing symptoms of a heart attack than if someone else were
7 having a heart attack; and

8 Whereas, The National Institute of Health and Centers for
9 Disease Control and Prevention have cited that individuals in the
10 U.S. have made great progress in reducing the death rate for
11 cardiovascular disease, but this progress has been more modest with
12 respect to the death rate for cardiovascular disease in women and
13 minorities; and

14 Whereas, The American Heart Association's Go Red for Women
15 movement motivates women to learn their family history and to meet
16 with a health care provider to determine their risk for
17 cardiovascular disease and stroke; and

18 Whereas, National Wear Red Day encourages men and women to
19 take control of their heart health by understanding and managing
20 these five numbers: total cholesterol, HDL (good) cholesterol,
21 blood pressure, blood sugar, body mass index; and

22 Whereas, The American Heart Association celebrates February
23 2025 as American Heart Month by promoting cardiovascular education,
24 awareness, and by encouraging citizens to learn the warning signs
25 of a heart attack and stroke; now, therefore, be it

26 Resolved by the House of Representatives, That the members of
27 this legislative body declare February 2025 as American Heart Month
28 and February 5, 2025, as National Wear Red Day in the state of
29 Michigan; and be it further

1 Resolved, That we also recognize the importance of the ongoing
2 fight against cardiovascular disease by applauding the citizens
3 across the country who wear red on February 5, 2025, to show their
4 support for women's health; and be it further

5 Resolved, That by increasing awareness, speaking out about
6 heart disease, and empowering women to reduce their risk for
7 cardiovascular disease and stroke, we can save thousands of lives
8 each year.